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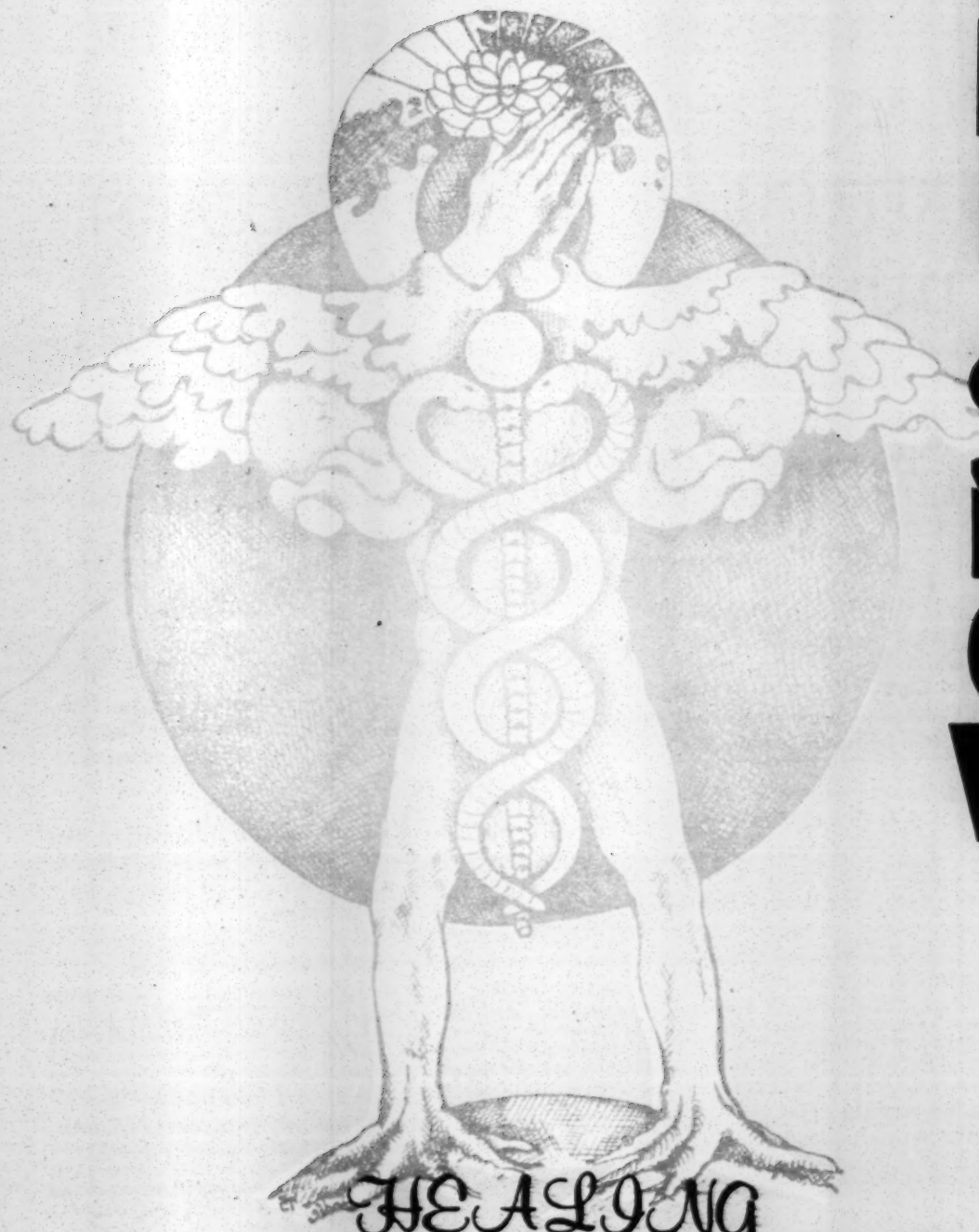

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Taught by Patricia Wortman
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Editorial

The idea of unity in this world, in this nation is great! But the thought of Universal unity is tremendous! For many years people have put into thought the vision of unity among nations, unity among brothers, unity among people, unity among organizations. But they have only expressed these thoughts, not put them into action. Yes, a few here and there have actually worked on unity as a universal aspect. Many more think they have, but always some group or person is excluded. They are not allowed, they are not educated enough, they are not right for us, and etc. This may seem like universal unity to some, but not to all.

Universal, according to the dictionary means: to the whole or to all; unlimited; general; all reaching; adapted or adaptable to all.

Unity, according to the dictionary means: state of being, oneness; agreement; harmony a totality of related parts; a total effect.

Today countless conferences, conventions, dinners, meetings, symposia are being held to call people together, influencing every form of world religion; every shade of politics; art; education, science; even esoteric and parapsychology groups are meeting together in forms of group action. No doubt the idea of group consciousness is on the increase. Someone is getting the word.

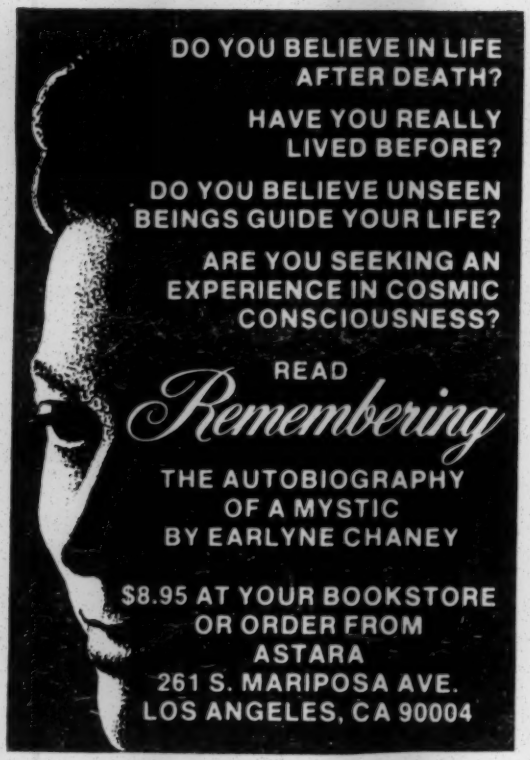
This feeling of synthesis is being brought down now from the mental realm to the realm of activity. Every gathering, no matter what its function, is channeling the higher energies, bringing together a force of strong determination toward advancing brotherhood. So long as the will to good is involved in these events, plans are taking shape for the future of man kind. These gatherings are a representation of the forces of light gathering together, building a strong unity of all people. On the individual and group level, still the need is to forego the ego, which is so prevelent at this time. Brotherhood is talked about by all of us. But, still it is my will, not thine!

When we pause to consider the magnitude of this wonderful "happening" that is taking place, we can see that our small place in humanity's realm is really not so small after all, because it would not be taking place, if it were not for each of us. We are the ones who are bringing it about. Our services to humanity, no matter how small they may seem, need to be really positive, in harmony with the Divine, and always with the thought that we are not alone, we are not the "one" we are only a part of the whole, and it is our part that needs to be cleaned up and perfected. We must remind ourselves always that we are only a part of the whole, but that that part is very important and attitude can make the difference. If each of us thinks toward unity as a universal image rather than as a small person image, a group image, we can plot a great course toward helping bring forth Universal Unity among all.

We are all amabassadors of new age thought, feeling and action. And this year is the year of action, unity in action! But of what and how are we going to put this "ambasadorship" into action. What should we seek to disseminate? What do we do? Where there is a conflict of religions, there is a conflict of man. To seek the basis of the teachings, to seek universal understanding, universal knowledge, is each persons goal. Each religion has its purpose for being, each teacher his reason for teaching. don't put your thoughts on another, but allow him his way and you yours. Learn to respect your brother for his way of thought. Learn to respect another teacher for his teachings. Learn to work together, maybe the other teacher has a missing link. Maybe you can benefit by discussion, feeling, desire to learn what universal unity is all about.

Learn to be aware of another's feelings, another's growth, development. Learn to respect your fellowman for "where he is at". All the world is a stage and each of us is playing a part. Therefore let each of us move together in faith, knowing we are apart of the divine plan, and that we have become conscious co-workers with the Elder Brothers in establishing on earth that kingdom that has been talked about. We are the abassadors of the truth, and the ambassadors of Universal Unity.

Patricia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A Doctors Viewpoint Of Biofeedback

by Janus

A man sits, allowing his thoughts to wander. Re-experiencing moments of pleasure. Moments of pain. He is hooked up to an instrument watching the rate of his heart beats displayed on a meter. This man is a patient using a biofeedback machine. He is learning what kind of thoughts make his heart beat faster. And slower. And with this knowledge, he will be able to control his pounding heart without medication.

Dr. McDonald has had good success using biofeedback with patients who have too fast a heartbeat, as well as those with tension and migraine headaches, or high blood pressure (a tough one). These are Dr. McDonald's specialties. He is just beginning to do some work on control of chronic pain.

Dr. McDonald practices internal medicine in Southern California. For the past two years, he has been including biofeedback training in his practice as much as he can. As much as he can talk people into it. It's a selling thing. Selling people they can get on top of their own symptoms. Biofeedback is an instrument method for learning control of a symptom, not curing disease. Biofeedback does not cure what is basically wrong. So whenever he can, Dr. McDonald goes further.

He starts with an appropriate instrument, teaches control of a specific symptom. Once he himself has gotten his patients started on biofeedback, Dr. McDonald uses technicians to monitor his patients. Very special techniques. While the patient is working with symptoms on the machine, the technician is working silently, visualizing healing and wholeness of the patient.

In Dr. McDonald's experience, the people who have had the best results with biofeedback are people who have learned to meditate while learning the biofeedback technique. They begin by working quietly with themselves, directing their thoughts at a symptom and the control of it.

In the office, hooked up to the appropriate instrument (EMG, GSR, skin thermometor, heart rate meter, or blood pressure monitor), a patient learns his own technique for controlling the symptom. Once the technique is well mastered - usually after 3 to 6 sessions - the patient is told to duplicate the process at home, quietly, for 15 or more minutes twice daily, without the instrument. Successful patients do this, and more. Successful patients actually are learning to meditate - to blank out their minds - though usually this is not specifically discussed. At this point they invariably receive other benefits. Besides loss of symptoms they find improved personal relationships, better sleep or more fun in living. Patients are instructed to continue the "relazation" or "meditation", twice daily, for life.

Dr. McDonald is going through his statistics now to find out what has happened to the people he has worked with. The final percents are not completed yet. Perhaps 40 to 50% have been vastly improved. People drop out. The doctor is not sure whether he is programming himself or not, but patients do not seem to keep their third appointment if they are not interested in getting better.

Biofeedback is a training activity. It may take two months of periodic visits. Sometimes more, sometimes less, depending on the patient. People between the ages of 20 and 30 seem to learn more quickly, perhaps because they are more open. After the initial period, patients come in at more spaced intervals to be sure they are still on the right track. And to receive encouragement.

The results of biofeedback have been far better than anything else Dr. McDonald has tried. In the case of high blood pressure, for instance, a patient should be on medicine for the rest of his or her lifetime. The most common kind, hypertension, seems to be due to an

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THE HEALING CENTER
for the whole person

Janus

In Northridge, California, a city north of Los Angeles, The Healing Center for the Whole Person has been functioning for some ten months. It is a place where people can go who are looking for healing, but who haven't found it through other avenues. People who come to the Center have emotional problems or physical problems. And sometimes both. They have been to doctors, many doctors, and they are still having trouble. The ages range from children to the elderly, who may have had a long background of searching for ways to get better.

Sponsored by the International Cooperation Council (ICC) and incorporated in the State of California under the Church of Universal Development, the Center itself has brought together diverse people who are doing many different things. There are spiritual-psychic healers, who are people primarily using spiritual or psychic forces as a means to heal. They may be clairvoyant or trance workers or use radiatory or magnetic healing of some sort. There are people connected with the Center who use acupuncture, chiropractic and biofeedback techniques.

There are people connected with the Center who do various forms of psychotherapy such as Reichian, Gestalt, and Psychosynthesis. There are licensed and state-certified psychological practitioners, licensed clinical social workers, marriage and family counselors, and pastorial counselors. There are four or five traditional M.D.s practicing internal or general medicine.

Each of these people is experienced in and utilizes some form of healing in every day work. But many of those who have been drawn to the Center have found that their own method of healing alone has not been the complete answer. They found that alone they were not really benefiting many people to the degree they felt could be accomplished. And possibly a different approach might be effective.

Because of the innovative nature of the effort and the paucity of previous experience to learn from, the people at the Center found they had to formulate and reformulate their policies. After several months, they realized they were simulating too closely the medical model they were all shrinking from. The tendency was to depersonalize people, give them too many forms and too much waiting. So procedures were revised again. The Center is still in change as it evolves and discovers new ways.

The process as it now exists begins with a phone call to the Center for information or an appointment. Over the phone, there is no question or discussion about the nature of the illness. But the evening of the appointment, the person is asked to fill out a questionnaire. This form, twice revised, inquires into the areas of the individual's physical, emotional, mental and spiritual existence. The questionnaire is approximately four or five pages and takes about twenty minutes to complete. Then the individual meets with a healing team.

The healing team consists of one Center staff member from the medical profession, one from the psychological profession, and a spiritual-psychic healer. The application form is passed back and forth among the members of the team with the person present, and there is a sharing with the client and an interchange. Superficially at least, the questionnaire gives the team an overview of the aspects of the person's being. There are no medical records or case history from the client's own doctor or psychological professional.

Here is where the Center feels there is a value over traditional medicine or psychology. In the interchange, the team members allow their intuitive processes, their own responses to people, come through. They begin to get a picture and a sense of what the client is and what are his or her needs. What the suffering is. What the person is really asking for in this moment of time.

In ten or fifteen minutes, sometimes even five, the healing team begins to focus into one dimension, one area. Sometimes it is clearly a medical problem. But very often it may not. It may be chronic depression. It may be some life situation that the person is facing and not feeling a resolution to it. Or it may be a chronic patient syndrome where the person is continually asking for help.

Above the condition that has brought the individual to the Healing Center is the hope and faith, as well as the discouragement and desperation from having unsuccessfully tried a number of other avenues.

The team talks. They share. Then at some point they sense that there is enough information for at least an initial stopping point. The client is asked to leave the room for a brief period. The interview is usually a minimum of thirty minutes. And usually there is another ten minutes in which the team members talk among themselves. And then the client is invited to return.

The team may have some very clear cut medical advice. If the individual is currently undergoing medical treatment of some kind, there is encouragement to continue. And suggestions for some additional things they might do. For instance, if someone comes in who has diabetes, they may want to try a spiritual healing route. But they really can't throw away all the other things that they have been using that might keep them in reasonably good health.

There may be a direct referral. If not a referral to a person, then to a type of healing. Or the staff may suggest some combination of healing. The team may suggest that the client join one of the Center's self-healing classes. The self-healing classes are an opportunity for people to come together in a group and share and learn some of the concepts that the staff members are coming to realize. It is the patient, the individual, who makes the decision to be healed. And that decision for total healing must go beyond the specific illness. It involves an inner attitude.

There are a lot of different reasons why people come to the Healing Center. More and more, the staff are learning the importance of follow-up. A member of the team, or the team itself, will offer the opportunity for the client to make a return visit in about a month. But people, even though they seem enthusiastic at their meeting, may not come back. A team member makes the suggestion. But it is still the client's decision to walk out of the meeting room to the receptionist and make the appointment. There are continual decision points. The client has an opportunity to come of his or her own choice. There is an opportunity to simply go home. The person can make an appointment and not show, or may call and cancel.

The process then at the Center is to direct clients to some person or to some group that the members of the staff are familiar with and have had good experience with, or to the Center's own group for self-healing. At that point, there is also the suggestion for at least one follow-up visit.

The team is discovering that the better they know one another as a staff and communicate and accept one another's abilities as a healer, the quicker and easier these decisions for direction are. The staff members also find they have a tendency to advise what they can do best. If another field is involved, they tend not to advise on it simply because they don't think of it. Conscious of these obstacles, the Center instituted a series of staff training sessions last fall for this integration. On Sunday nights, the staff members began to come together to hear one or two of their members present something on what they do. In this way, they began to experience one another and their diverse areas of interest.

The Center has gone back and forth on having fixed teams and experimenting with rotation. Presently, fixed teams are assigned to specific evenings. But many people are on standby. Many people substitute. The staff members in addition to their professional obligations have family responsibilities as well and may not be able to be present every assigned evening. The Center has learned to balance. Almost every psychologist has been on a team and worked with another M.D. and another spiritual-psychic healer. So in the ten months or so the doors have been open, the people at the Center have shared experiences with one another. But they are also honest enough to admit that occasionally there are personality conflicts.

The Center is bringing together many people in the healing profession who are doing different things with different approaches. There are a myriad of problems. At any given meeting, there are three general types of healers attempting to work together. The patient has probably been to his or her own doctor or mental health professional and is not getting solutions through the normal medical channels. Some of the most chronic, the most difficult cases come in their direction. The people at the Center are still feeling their way. To some extent, they are playing it by ear. They have not found a set pattern. And it has not been easy. As the director of the Center expressed it "If we presumed to say that we had the answer, we would be just doomed. We might generate a certain amount of interest as a flash or a fad. But we would not be open to the energies, the possibilities that exist now." And in the wisdom of that statement may be the answer.

It is too soon to know if this alternative is working. If people are being healed. One of the goals of the Center in 1975 is to begin the statistical and research aspects of the work. Healing happens in a lot of different ways, and perhaps there is something in common in all of that. Could research find a common denominator in acupuncture, or Western medicine, or faith healing? This is the ultimate vision of The Healing Center for the Whole Person and for other such centers forming throughout the country.

In its brief existence, the Healing Center does not pretend to have all the answers or to be the answer. But the people at the Center have had the courage to ask the questions and to begin.

PAT PHILLIPS, Director
Center for Healing The Whole Person

Are you involved in a healing center or healing group? Or in the process of forming one? Plans are underway for a conference in May. To participate in the conference or to become a part of a healing communications network, write to

Pat Philips, Healing Center for the Whole Person
17819 Roscoe Blvd., Northridge, Ca. 91324
or phone (213) 368-4529.

INTERVIEW:

Olivia Skinner

by Wanda Merrill

H&N Olivia, I know you have been working in various areas these past few years. At this point in your work, what do you consider the most important or the most significant part?

Olivia: I think the most central or important part of my work right now is healing. I'm very interested in sharing my views and techniques on healing so that the individuals involved can ultimately learn to bring together a more complete and satisfying balance between their every day living and their finest dreams.

One of the projects in which I am currently involved and find deeply significant is counseling with persons whose diseases are considered medically terminal. In working intimately with them individually, with families and then friends, we are discovering the roots of the realization of feeling called rejection and sense of real loss. How do we deal with these parts of our lives, which we know at some time or other, we all experience -- a change in form of our self or one we love dearly. It is giving us the opportunity to see how we can intellectually and philosophically teach and learn about the beauty and wonder of death, reincarnation and continuous living, but when it comes right down to the point of actually happening, how old patterns can return.."What have I done wrong? Am I going to be O.K.? What is death going to be like? Am I still going to exist? Am I going to hell? To Heaven? What is really going to happen to me?"

For me, it has shown how both learning and teaching can be pretty much a "head trip" until I can remember consciously experiencing the whole reality and it can then pervade totally the states of consciousness available to me. I feel this is vital to the healing of our emotions, minds and spirits, not just the physical vehicles. It is like coming to rest in the center of our own unified fields.

We seem to be born, obviously and simply, and every one thinks that's super; but when it comes to the other end of the stick, we just sort of fall away from dealing with that. Working in a hospital environment as I have been doing during the last few months, I've come to appreciate the opportunity to deal with mass illness, the numbers of people who need help, and how we are all floundering around for direction, for guidance, for someone to "be here" to help us find a true and "real" experience within ourselves, seemingly through a negative state of consciousness.

For instance, one of the questions I ask is, "O.K., you've been told that you have a terminal illness. Now it's your choice. You can choose to spend your remaining days dying, or you can choose living to your fullest potential." And it does come down to a choice, how do I elect to live my death?

Am I going to die my death expression or am I going to live my death experience? Once facing this, we can begin to accept ourselves. We can, perhaps for the first time, begin to recognize the opportunities we have in this experience that can make it unique from the pre-programmed version we seem to take for granted. From this position, one's point of view (self and therefore cellular) can change both its angles and its focus. Sadness can change to appreciation; deeper levels of feeling and love begin to come to the surface

Our Roving Reporter

A P M AND WELL-SPRINGS COOPERATE IN ESTABLISHMENT OF PILOT HOLISTIC TREATMENT CENTER

A goal long shared by the Academy of Parapsychology and Medicine and Well-Springs -- the creation of a center for healing of the whole man --- is swiftly becoming a reality.

A pilot demonstration diagnostic and treatment center under the auspices of the Academy of Parapsychology and Medicine (Los Altos, California) is being established on the Well-Spring grounds at Ben Lomand, California. Its purpose will be that of conducting trials and gaining documentation relative to the efficacy of nontraditional or alternative approaches to all branches of healing, incorporating the Well-Springs program of mind/body relaxation and creative expression.

The vision held for Well-Springs since 1954 has been that of a special place intended for the deep healing of people. Under the directions of Kay Ortmans, unique programs have been offered, including alignment-through-music and art therapy. The seeds have spread as students of the Well-Springs technique have branched off to teach throughout the state. Kay Ortmans will remain for consultation and will continue to train new people.

The Academy, founded in 1970, has had as a long-range goal the discovery of conditions under which total healing is possible and then bringing these vital findings to bear on the actual theory and practice of medicine. In pursuing this aim the Academy has acted as a catalyst, bringing together researchers and perspectives. This information has then been communicated to the healing profession and the public through seminars and dialogue across the country, as well as through their published works.

The Academy is bringing together a staff of medical doctors, research scientists, and some of the specialists who have participated in their wide-ranging symposia. The new center will become a base for their work. Plans are moving swiftly, and in a few months the new program should be clarified. In this cooperative effort, it is believed that a ground and climate for transformation will be provided which will bring a long-held vision to realizatio

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PSI

P S I - SEARCH

Thursday, January 30, heralded the opening of Psi-Search, the first exhibit devoted to parapsychology ever held at a major U.S. museum. Opening at the Los Angeles Museum of Science and Industry, the exhibit was co-sponsored by a team headed by Norma Rowles and Fran Hynds who produced the exhibit in cooperation with the Parapsychology Association, the international professional organization of parapsychologists.

The gala invitational opening revealed the exhibit consisting of panels representing some of the most notable contemporary experiments in parapsychology, from telepathy to out-of-the-body experiences to the application of psi in everyday life: in education, archaeology and business.

The opening night festivities were studded by such well known figures in the psychic scene as James Bolen, publisher of "Psychic"; Dr. Robert Van de Castle and Dr. Robert Morris, officials of the Parapsychology Association; Dick Hennesy and H. Holbert of "Probe" magazine; psychic agent Lee Atkinson, writer and parapsychologist, Dr. Shafica Karagula; author and President of the Society for Psychical Research, Mrs. Clark Gable; Dr. Marie de Land and many others.

The exhibit will remain in Los Angeles for two months before travelling across country on a visiting exhibit at several major U.S. museums.

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ICC'S "REVERENCE FOR LIFE" FESTIVAL

ICC's Tenth Anniversary Festival went off in well lined order. Attendance was very good, and enthusiasm increased as the three day affair got under way.

For the first time in its history, we feel that the real purpose of the ICC organization was brought into real focus, which was great to behold in this day of conflict. With the theme of "Come Together in Reverence For Life", 12 groups gathered together, establishing their purpose and discussing what they felt was needed to enhance and build a world organization that will bring all groups together. Different viewpoints were discussed and encouraged in order to develop new insights. This was the beginning of a unity-in-diversity intensive. It provided time and interaction among all the groups and individuals present.

What were formerly just good ideas caught fire and suddenly became living realities for the people present. The next groups then took these ideas and began actual plans for their operations. These plans were then presented to other groups of similar interest, who had also done the same thing. Then these plans were intergrouped and the results taken to yet larger groups, until the whole conference came together again, with great enthusiasm and determination to carry out these plans.

Each sub-group presented its ideas to the whole and excitement reigned as the whole of the picture was presented and plans were actually put into working order. Since the three-day Come Together, plans have not ceased. But instead a growing, working, on-going thing has come into fruition and everything is forging ahead at great speed.

Actual first hand knowledge of the working ideas were brought back to the Uni-Com office, since our Director Chaired the section on Media. Each group will spend the year developing and putting into action the ideas that were generated at this conference.

During the course of the three days, many teachers presented interest group information. Also guest speakers presented from the main platform the theme of the Conference. Theme Speaker was Rhena Schweitzer Miller, daughter of Albert Schweitzer. Also speaking were: Dr. Benito Reyes, on "Reverence For Life"; Dr. William Irwin Thompson, ""In Search of Form"; Dianne Pike and Arleen Lorrance on "Acting Loving: An Expression of Reverence For Life"; and Marcel Vogel on "The Power of Mind".
Sunday morning attendees heard David Spangler speak on "The Challenge of New Consciousness"; followed by Barbara Marx Hubbard on the subject of "Syncon as a New Age Process".

During the program musical talent of the New Troubadors and the dancing, music and chanting of many new age groups were enjoyed.

ONGOING

BAYTA YOGA CENTERS
Daily classes by teachers of the Bay Area Yoga Teachers Assn., courses in Yoga postures, breathing, physical and mental relaxation. Seminars for members, integrating Western medicine and Eastern wisdom. Friday evening inspirational music programs at the San Francisco Center, 1736 Ninth Ave., 94122. 415-566-4100;

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WHOLISTIC HEALTH & NUTRITION INSTITUTE
Daily courses and workshops in allaspects of mind, body health and healings: Centering, Yoga, Tai Chi, Herbs, Psychi energy, etc. 150 Shoreline Hwy. Mill Valley. 332-2933.

POSSUM PROCESS
Finding your ability within. Synthesis of east and west practices. Nightly events in San Jose, San Francisco and Marin. Call: (408)225-6244 or (415) 457-7137.

ARICA
580 Market St. San Francisco. 94104. 986-8800. Introductory Open House, every Wed. 7:30 PM free. Noon exercise Class - Psycholcalisthenics, every Mon. Wed & Fri. noon-1 PM, free.

DIVINE DYNAMICS
Open meetings Saturday and Sunday afternoon at 3 Pm in the Fidelity Bldg., Room 207, 11706 Ramona Blvd., El Monte, Ca. Study of Christian Mysteries. For information call 213-338-7914 between 5-9 PM.

FELLOWSHIP OF UNIVERSAL GUIDANCE
Saturday evening programs with speakers are held at the Theosophical Auditorium, 2560 N. Beachwood Dr., Hollywood. For information call' 661-7570.

MARIN CENTER OF PARAPSYCHOLOGY AND METAPHYSICS
Various classes and information. Please call for details and instructions. (415) 456-0955.

Lighted Way
Services Sunday Morning at 11 AM. - Friday Evening GLServices Sunday Morning at 11 AM. - Friday Evening. Egyptian Teaching. 2108 Wilshire Blvd., Santa Monica.

SAN FRANCISCO ASHRAM
Center of universal religion, Cultural Integration Fellowship, 2650 Fulton St. at 3rd Ave., San Francisco, 94118 (Phone: 752-9890 or 648-1489) Sunday religious services with a focus on balanced growth and creative freedom. Integral yoga Tuesday evenings, Hatha Yoga Wednesday and Thursday evenings and Saturday mornings, Tai-Chi-Chuan Friday evenings.

SYNERGOS
Various classes in METAPHYSICS, ASTROLOGY, etc. SEMINARS on Fridays at 7 PM. by DUANE ELIHU XAVIER Ms.D. SPIRITUAL and ASTROLOGICAL COUNSELING available. For information call (415) 533-1515 or 452-0777, or write P.O. Box 11235, Oakland, Ca. 94611.

THE DAWN HORSE COMMUNION
The Dawn Horse Communion presents a slide-show, followed by discussion, each Monday night on the radical spiritual teachings of Bubba Free John, an American Spiritual Master. Free at 1443 Polk St. (Upstairs) in San Francisco, Ca. 94109. For information call: 415-673-0289.

TEMPLE OF PEACE
Inter-faith church, seeking to bring Light, Love and Peace to all who will accept, through the teachings of the Great White Brotherhood. Rev. Christopher Light, Pastor, Each Friday at 7:30 PM. Last Sunday of month at 7:30 PM. 10033 Saloma Ave., Mission Hills, Ca. 213-893-9003.

TRINITY CENTER
7:30 PM Sundays (Healing Session, Lecture, and demonstration of higher sensory perception); counseling, Rev. Beth Gray, 149 Clinton St., Redwood City.

UNIVERSAL CHRIST CHURCH
Sunday morning services at 10 AM. Classes and meditation held during the week. For information call: 244-5630, 1704 W. Venice Blvd., Los Angeles.

UNARIUS SCIENCE OF LIFE
Weekly healing, teaching sessions. Transmissions from Ascended Masters. Meetings held at 4707 Spring St., La Mesa, Ca., Sundays at 7 PM.

UNIVERSAL TRINITY TRUTH CENTER
A non-denominational Worship service is held Sundays at 7:30 PM. The Psychic Roundtable is held the first Friday of each month at 7:30 PM. Counseling, healing and other classes are available. 32 E. Micheltorena St., Santa Barbara

YOGA SOCIETY OF SAN FRANCISCO
Weekly classes in meditation, sanskrit, Hatha Yoga, herbal medicine---also a guest speaker on the 4th Saturday of the month. For information, please call: 285-5537. 2872 Folsom St., San Francisco.

Unwarranted Persecutions Must Cease

LEONARD WORTHINGTON

Our Attorney General has placed the protection of Civil Rights high on his agenda of "things to do" during his second term in office. This is a step in the right direction since the Attorney General has the authority to supervise the activities of District Attorneys and their Investigators as well as those of State Enforcement Agencies and, if need be, to step in and take over cases which merit his intervention.

Civil rights include those Human liberties which are guaranteed by our Constitution, and particularly freedom of religious worship, speech, equal protection of the law and rights involving unlawful searches and seizures.

We are constantly being sent letters and information indicating that law enforcement officials in California as well as out of State agencies, have been quilty of violations of personal liberties of ministers, healers and other persons who seek to serve the public good. Those who violate the law and cause harm to others should be prosecuted, but not persecuted. Even they have their rights under our constitution, as the Courts have decided.

However, usually the innocent, well meaning, individual, unmindful of the scope of Section 2141 of the Medical Practice Act (WHICH MUST BE REPEALED) is at a loss as to what to do when an over zealous investigator or officer displays a search warrant and under its limited guise of authority seeks to appropriate personal articles, as alleged evidence of a crime being committed.

Insist that the warrant be shown you. Verify its legality. If the officer attempts to go beyond the scope of his authority, call your lawyer or the Attorney General's office and register your complaint.

These arrests and invasions of privacy and human rights never involve a "crime in progress" where the safety of lives of others is involved such as robbery, rape or murder, and there is never any justification for restraint which might be required in criminal assaults.

Some arrests are justified. Others are not. Any law which is subject to widespread misinterpretation or abuse such as 2141 of the Medical Practice Act and local Fortune Telling ordinances must be amended and repealed. These statues place the arresting officer in a precarious and undersirable position. He would usually rather be about his duties protecting the public from vicious crimes, yet he has his job to do and if he receives orders from higher authority he must act on them.

Usually they understand the situation and dislike this type of assignment but every now and then there are those who abuse their authority and this is when complaints arise. If this should occur, do not hesitate to let the facts be known to all levels, regardless of how high you have to go.

But better yet, why not eliminate this remote possibility of intrusion and do away with such laws, without which there would be no authority to enter your home or confiscate your property?

Letters should be sent to your representatives in Cities, Counties and at State levels expressing your dissatisfaction with the intequity and unconstitutionality of these Statutes and ordinances and seeking the aid of your elected office holders in amending or repealing them. Only you can do this. No one else will do it for you. Are you suffciently concerned to act - - - NOW!

MAR 1
Sat
8 PM
$3

LOS ANGELES
THE ART OF TRANSITION, with PIR AL WAHSHI. Anderson Research Center, 3960 Ingraham St., Los Angeles.

MAR 1-2
Sat-Sun
10-4 PM
$20

LOS GATOS
INTENSIVE MEDITATION SEMINAR with ROY EUGENE DAVIS. Other speakers will also be on the program. Los Gatos Lodge, 50 Saratoga Ave., Los Gatos.

MAR 1
Sat
8 PM
$3

PALO ALTO
YOU DO NOT HAVE TO DIE FROM CANCER. MRS. GALLATIN POWERS. Sponsored by Unity of Palo Alto at Lucie Stern Center, 1305 Middlefield Rd., Palo Alto. Proceeds to cancer research. Preregister, 323-7926.

MAR 1
Sat
9 am - 6 pm
$30

SAN FRANCISCO
DEPRESSION SURVIVAL SEMINAR by ANANDA COOPERATIVE VILLAGE. Hard times are coming---are you prepared? Learn to safeguard your security through: wise investments, food storage, simplified and cooperative living, Yoga, and meditation. A positive and practical guide to a happier future. Unitarian Church, Franklin/Geary, San Francisco. Seminars also in Sacramento, Berkeley, San Jose, Marin, Palo Alto, San Mateo, Walnut Creek, Oakland, Santa Cruz. Call: (415) 964-5100.

MAR 1
Sat
8 - 12 PM

S.F. BAY AREA - KQED Radio
NEW DIMENSIONS PROGRAM with cohosts WILL NOFFKE & MICHAEL TOMS. Tonight's theme: UFO's and THEIR SIGNIFICANCE, with guests:
JIM HARDER, Univ. of Calif., Berkeley.
JEFF MISHLOVE, parapsychologist and student of UFO's.
DAN DAYSIN, media producer.
CHARLES MUSEES, founder of Institute for Study of Consciousness.
Also: Down Horse Communion, disciples of Bubba Free John; Mitch Gilbert of the Guru Bawa Fellowship. Commentaries and "Conscious Calendar"

MAR 2
Sun

CAMPBELL
6:45 PM - DISCUSSION GROUP: Problem solving, self-realization, mind discipline, success motivation, reality concepts, etc.
8:00 PM - ASTROLOGY AS A TOOL with REV. JOAN BANKS, former paster of Church of Inner Wisdom. Church of Inner Wisdom, 236 W. Campbell Ave., Campbell.

MAR 2
Sun
11 AM

LOS ANGELES
THE DIVINE-HUMAN RELATIONSHIP, by ROBERT CHANEY. ASTARA, 261 Mariposa Ave., Los Angeles.

MAR 2
Sun
2 PM

NORTHRIDGE
URI GELLER FILM on Telepathy, Clairvoyance, etc., documented at Stanford Research Institute. ICC World Headquarters, 17819 Roscoe Blvd., Northridge.

MAR 2
Sun
7:30 PM

REDWOOD CITY
THE REAL MIRACLE, by REV. MURIEL ALSTROM of Fairfax, founder of "Creative Thinking on the radio for 7 years. International lecturer and writer. Particularly active with the Marin Metaphysical Center, and teaches in San Francisco. Speaking of trnasformation through transmutation. Trinity Center, 149 Clinton, Redwood City.

MAR 2
Sun
11 AM

SAN FRANCISCO
MEDITATION AND METATHERAPY, with DR. HARIDAS CHAUDHURI. San Francisco Ashram, 2650 Fulton St., San Francisco.

MAR 2
Sun
3 PM
$2

SANTA BARBARA
EDUCATION FOR THE VANQUISHING OF THE EGO: THE CONQUEST OF THE SELF AND THE PERFECTION OF MAN. DR. BENITO REYES, founder of the World Institute of Avasthology. 1535 Santa Barbara St., Santa Barbara.

MAR 2
Sun
11 AM

SANTA MONICA
THE CITIES OF THE AQUARIAN AGE, with speaker GEORGE PERKINS at the New Age Bible & Philosophy Center, 1139 Lincoln Blvd., Santa Monica.

MAR 3
Mon
7:30 PM

BERKELEY
Free Lecture Series on the Bhagavad Gita by SWAMI CHINMAYANANDA. This series will be given in Berkeley nightly from March 3 thru 22 at the U.C. Berkeley Life Science Rm. 2000. It will be repeated March 24 thru April 2 at the University of San Francisco, McLaren 252. Information: 681-2670.

MAR 3
Mondays
8 PM
$5 ea.

SAN FRANCISCO
PSYCHIC AWARENESS DEVELOPMENT CLASSES, taught by ERNEST VILLANUEVA and others. This is an open, continuing class. 2950 Clay St., San Francisco.

MAR 4
Tues
7:30 PM
$2.50

SAN JOSE
CREATIVE AWARENESS CLASS. Open to all, continuous. AFTON GUENTHER. Meditation, psychic communication, spirit healing, diminsional understanding. 945 Willow, San Jose.

MAR 5
Wed
7:30 PM
$2

DR. ROBERT L. CULVER will present a PREVENTION MEDICINE SEMINAR. Dr. Culver, D.C., has 25 years experience in his field. Inner Nature Center, 1307 Seabright Ave., Santa Cruz.

MAR 5
Wed
$48

SAN FRANCISCO
TIBETAN VERTICAL LOOM RUG WEAVING, by TOM MALCAMP. First of four Wednesday evening classes. Ever Growing Art Center, 497 Belvedere, San Francisco, Ca. 94117. 661-1278.

MAR 5
Wed
$12

SAN FRANCISCO
DREAM IMAGES, by ROBERT LIIKALA, BFA, MA, and JOYCE LIIKALA, BA. Ever Growing Art Center, 497 Belvedere, San Francisco, Ca. 94117. 661-12

MAR 5
Wed
8 PM

SAN JOSE
Healing, Messages, and Lecture. MISS KAY BURKE, speaker. First Spiritualist Church of San Jose, 945 Willow, San Jose.

MAR 6
Thur
8 PM

OAKLAND
Speaker for the evening will be MR. LYLE PARKER. Evening services include healing and messages. UCM, 1419 Harrison Ave., Oakland.

MAR 7
Fri
2 PM
Fee

CUPERTINO
ASTROLOGY, a lecture by MARIS. Cupertino De Oro Club, 20441 Homestead Rd., Cupertino. For details, contact Astrology by Maris, 200 Calif. Ave., Palo Alto, or phone (415) 321-3769.

MAR 7
Fri
8 PM
$3

LOS ANGELES
PYRAMID ENERGIES AND WHAT THEY CAN DO FOR YOU, with BILL KARRELL and KATHY GOOGIN. Anderson Research Center, 3960 Ingraham St., Los Angeles.

MAR 7
Fri
8 PM
Fee

PALO ALTO
LIVING WITH NATURAL METHODS OF HEALTH, first of a series of 6 classes by GEORGIA DOUD, the remaining 5 classes to be given on the following Friday evenings. She will teach the use of natural foods, herbs, and eastern/western massage techniques for increased self-reliance in everyday life. Fee: $25 for the series. Unity of Palo Alto, 534 Forrest Ave., Palo Alto.

MAR 7
Fri
8 PM
$3

SAN RAFAEL
WINTER CONCERT SERIES with ZAKIR HUSSAIN, tabla solo; the NEW MAIHAR BAND, and the TALVADHYAM RHYTHM BAND. Sponsored by the Ali Akbar College of Music at the San Rafael Improvement Club, Fifth & H Streets, San Rafael.

MAR 8
Sat
8 PM

LOS ANGELES
AN OVERVIEW OF PSYCHIC PHENOMENA with Ms FRANCES BROWN ZEFF. Anderson Research Center, 3960 Ingraham St., Los Angeles.

MAR 8
Sat
9:30 am - 10 pm
$12

NORTHRIDGE
ALL-DAY WORKSHOP:---EMERGENCE: CHALLENGES AND OPPORTUNITIES OF PLANETARY SERVICE, with DAVID SPANGLER. ICC World Headquarters, 17819 Roscoe Blvd., Northridge.

MAR 8
Sat
8 - 12 PM

S.F. BAY AREA - KQED Radio
NEW DIMENSION PROGRAM, with cohosts WILL NOFFKE & MICHAEL TOMS. Tonight's theme: THE SUFIS, THEIR STORY AND MUSIC, with guests:
JAMES FADIMAN, Association of Transpersonal Psychology.
ROBERT ORNSTEIN, author of "Psychology of Consciousness".
Also: J. Hardy Joses of the Y.E.S. Institute for Personal Growth.
Commentaries and "Conscious Calendar".

MAR 9
Sun

CAMPBELL
6:45 PM - DISCUSSION GROUP: Problem solving, self-realization, mind discipline, success motivation, reality concepts, etc.
8:00 PM - THE KEY TO CONTROLLED CREATIVITY, with DR. E. LORRAINE MILLER, Pastor. Church of Inner Wisdom, 236 Campbell Ave., Campbell.

MAR 9
Sun
11 MA

LOS ANGELES
REFLECTION, RODOLFO SILVA speaker.
Astara, 261 S. Mariposa, Los Angeles.

MAR 9
Sun
2 PM

NORTHRIDGE
THE DYNAMICS OF PROGRAMMING YOUR MIND: ADVANCED PSYCHO-CYBERNETICS, by DR. SIDNEY WALTER. ICC World Headquarters, 17819 Roscoe Blvd., Northridge.

MAR 9
Sun
7:30 PM

REDWOOD CITY
HOW TO BRING YOUR DREAMS INTO MANIFESTATION - THE DYNAMIC POWER OF THE MIND by DAVID SUNDAY of San Jose, disciple of Roy Eugene Davis, student of Psychology, philosophy, and comparative religions. Trinity Center, 149 Clinton, Redwood City.

MAR 9
Sun
11 AM

SAN FRANCISCO
SUPRAMENTAL MEDITATION with DR. HILARY ANDERSON.
San Francisco Ashram, 2650 Fulton St., San Francisco.

MAR 9
Sun
11 AM

SANTA MONICA
DIVINE DISCONTENT. Speaker, DR. TERENCE O'DONNELL. New Age Bible & Philosophy Center, 1139 Lincoln Blvd., Santa Monica.

MAR 12
Wed
8 PM
$1.50

OAKLAND
A PSYCHIC UNDERSTANDING OF COLORS AND THE HUMAN AURA, with speaker ERNEST VILLANUEVA, JR. Oakland Church of Religious Science, 5000 Clarewood Dr., Oakland.

MAR 12
Wed
7:30 PM
$2

SANTA CRUZ
UNITING OF EASTERN AND WESTERN IDEAS, with REV. DAVID SUNDAY, a disciple of Roy Eugene Davis, and well versed in Eastern Philosophy.
Inner Nature Center, 1307 Seabright Ave., Santa Cruz.

MAR 12
Wed
8 PM

SAN JOSE
Healing, Messages, speaker REV. FAYE MARSHALL. First Spiritualist Church of San Jose, 945 Willow, San Jose.

MAR 13
Thur
8 PM

OAKLAND
SPIRITUAL EXPERIENCES, with MRS. VICKIE MAZAROR. Healing and MESSAGES. Rev. H. Margrave, pastor; Rev. LaVonne Divine, co-pastor. UCM, 1419 Harrison, Oakland.

MAR 13
Thur
7:30 PM
Free

SAN JOSE
PSYCHOLOGICAL INTEGRATION, Free Information Lecture. Learn how to overcome physical and mental tensions and increase your extra-sensory powers! BREUNER'S Community Room, Hamilton Ave. at H'way 17. San Jose.

MAR 14-15
Fri-Sat
8 PM
Fee

LOS ANGELES
Film INNER SPACES, with Edgar Mitchell and others, plus film on CZECH PSI RESEARCH. Admission by reservation only. Sponsored by the Sothern California Society for Psychical Research. Great Western Savings & Loan, 3660 Wilshire Blvd., Los Angeles. For reservations call: 276-4523.

MAR 15
Sat
8 PM

LOS ANGELES
SIZING UP PEOPLE CREATIVELY, with PAUL DIXON.
Anderson Research Center, 2960 Ingraham St., Los Angeles.

MAR 15-16
Sat-Sun
Fee

LOS ANGELES
Two-part Symposium on HEALING, open to both professionals and the general public; presented by University of California Extension, Santa Cruz, and UCLA Extension in cooperation with Gladman Memorial Hospital, Oakland.

HEALING I (X430.1 Psychology) (see April 19-20 item for HEALING II in Los Angeles)

Lectures:

"Ground Rules for the New Medicine" by James Fadiman, PhD.
"The Symbolic Process of Healing" by Harold Stone, PhD.
"Acupuncture and Healing" by David E. Bresler, PhD., course co-chairman.
"Photographic Evidence of Healing Energies: Kirlian Photography" by Thelma S. Moss, PhD.
"A New Image of Aging" by Gay Luce.
"Dying as a Healing Experience" by Joan Halifax-Grof, PhD, and Stanislav Grof, M.D.
"Clinical Uses of Biofeedback and Meditation" by Kenneth R. Pelletier, PhD, course cochairman.
"Holistic Systems of Biofeedback" by Eric Peper.

Times: Saturday, 9 am - 5 pm; Sunday, 9 am - 4 pm.

Fee/Credit: Healing I and II, $70, 3 units of credit; $50, non-credit. Healing I or Healing II only, $40, 1-1/2 units of credit; $30, non-credit. Note: Reduced fees for both programs apply only if enrolling by March 22. Medical-Professionals: each weekend program is approve for up to 6 hours of credit for the AMA category 1 credit for the CMA certification programs in continuing education. Teachers: major or minor requirements may be fulfilled by courses numbered in the 400 series. Verify with your credential advisor.

For information and enrolling, write to Edwin Monsson, UCLA Extension, 10995 Le Conte, Los Angeles, Ca. 90024, or phone (213) 825-1943.

MAR 15-16
Sat-Sun
$35

PESCADERO
GESTALT ART EXPERIENCE (weekend), by CELIA THOMPSON-TAUPIN, M.A.T., and ROBERT LIIKALA, BFA, MA. Lasts from 10 am Saturday thru 5 pm Sunday. Fee includes art materials and meals (overnight accommodation, ride pools arranged). Eden West, Box 38, Pesdacero, Ca., 94060. 879-0894.

MAR 15
Sat
8-12 PM

S.F. BAY AREA - KQED Radio
NEW DIMENSIONS PROGRAM with cohosts WILL NOFFKE & MICHAEL TOMS. Tonight's feature: SPECIAL INTERVIEW with SWAMI CHANMAYANANDA.
Also: Joseph Goldstein on Buddhist Insight Meditation. Jim Hart, research scientist into meditative states, U.C. "Psychodrama" Theatre of the Mind, with Richard Korn, PhD, Director of Berkeley Institute for Group Therapy and Psychodrama. Conscious aommentaries on the News; Calendar.

MAR 15
Sat
9:30 AM -
12:30 PM
$5

SAN FRANCISCO
WORKSHOP: YOGA AND NECK PAIN, by JUDITH LASATER.
Sponsored by California Yoga Teachers Association and New Dimensions Foundations. To be held at 1736 9th Ave., San Francisco.

MAR 15
Sat
9 am -
5 pm
Fee

SOUTH SAN FRANCISCO
EXPLORING THE FAR REACHES OF THE MIND---Seminar by DR. SHAFICA KARAGULLA, M.C., and DR. VIOLA PETTIT NEAL, PhD, co-authors of "Breakthrough to Creativity".
Fee: $25, including lunch. Preregistration required, with $5 deposit. For brochure and registration form, Box 1205, San Rafael, Ca. Phone: (415) 454-8275. Location: Roadway Inn, 380 S. Airport Blvd., South San Francisco.

MAR 16
Sun

CAMPBELL
6:45 PM - DISCUSSION GROUP: Problem solving, self-realization, mind discipline, success motivation, reality concepts, etc.
8:00 PM - MOVE OVER GOD -- I'M COMING HOME, with special guest, REV. CHRISTOPHER PHELAN, an especially dynamic speaker.
Church of Inner Wisdom, 236 W. Campbell Ave., Campbell.

MAR 16
Sun
11 AM

LOS ANGELES
SPIRITUAL CONSCIOUSNESS AND WORDLY ASSETS, RON ROSS speaking.
Robert Chaney, healing service.
Astara, 261 S. Mariposa, Los Angeles.

MAR 16
Sun
2 PM

NORTHRIDGE
THE SUN DANCE, Talk and Film by ARCHIE FIRE (Sioux Indian).
ICC World Headquarters, 17819 Roscoe Blvd., Northridge.

MAR 16
Sun
7:30 PM

REDWOOD CITY
A REIKI MASTER'S PREDICTION AND PARTICIPATION IN HIS OWN TRANSITION, by HAWAYO TAKATA of Hawaii. How clairaudience and clairvoyance assisted Mrs. Takata as well as her Master Teacher of Healing.
SPECIAL NOTICE: Mrs. Takata will give another class on the Reidi method of natural healing at Woodside. Please call 851-7404 for further details.
Trinity Center, 149 Clinton, Redwood City.

MAR 16
Sun
11 AM

SAN FRANCISCO
HOW TO TRANSFORM THE EGO, with speaker DR. HARIDAS CHAUDHURI.
San Francisco Ashram, 2650 Fulton St., San Francisco.

MAR 16
Sun
11 AM

SANTA MONICA
THE FOUR PLANES OF MAN, with speaker IRMA NORMAN at the New Age Bible & Philosophy Center, 1139 Lincoln Blvd., Santa Blvd.

MAR 19
Wed
7:30 PM
$2

SANTA CRUZ
MANIFESTATION OF LOVE, with REV. LOUISE MARSHALL, founder of the Pillars of Promise Temple in San Jose.
Inner Nature Center, 1307 Seabright, Santa Cruz.

MAR 19
Wed
8 PM
$1

SAN JOSE
ALL MESSAGE SERVICE. REV. MARY JANE BROWN.
First Spiritualist Church, 945 Willow, San Jose.

MAR 20
Thur
10 - 12 am
Fee

PALO ALTO
EXPLORATIONS IN MUSIC IN CONSCIOUSNESS. Speaker CAROL SMITH. First of a series of 6 classes, exploring depth levels of being throug creative expression, movement, and deep relaxation, accompanied by specially-selected music. Fee: $25 for the series. Unity of Palo Alto, 534 Forrest Ave., Palo Alto.

MAR 20
Thur
8 PM

OAKLAND
REV. RAY HUBBARD will be the evening speaker. Healing, messages.
Rev. L. Margrave, pastor; Rev. L. Divine, co-pastor. UCM, 1419 Harrison Ave., Oakland.

MAR 21
Fri
8 PM

LOS ANGELES
OVERCOMING TEMPER AND REJECTION VIA PRECISION PSYCHO-DRAMA, with DR. L. ANDERSON. 3960 Ingraham St., Los Angeles.

MAR 21
Fri
7:45 PM

PALO ALTO
Lecture by DR. JAMES MACKIMMIE.
Congregational Church, Louis & Embarcadero, Palo Alto. (No one admitted after 8:00 PM).

MAR 21
Fri
7:30 PM
$4

SAN RAFAEL
REINCARNATION: THE MEANING OF YOUR LIVES; PAST, PRESENT, AND FUTURE, with speaker ERNEST VILLANUEVA, JR. Marin Center of Parapsychology, 1029 4th St., San Rafael.

MAR 22
Sat
All Day
$15

PALO ALTO
DEVELOPING AWARENESS OF SELF AND OTHERS, an all-day workshop with DR. FRED AND DR. JANICE DAVIDSON. Sponsored by Association for Research and Enlightment (Edgar Cayce). For information and reservatior please call 734-1177. $15 fee includes Friday night lecture, if paid in advance. Cubberly High School, 4000 Middlefield Rd., Palo Alto.

MAR 22
Sat
8 - 12 PM

S.F. BAY AREA - KQED Radio
NEW DIMENSIONS PROGRAM with cohosts WILL NOFFKE & MICHAEL TOMS. Tonight: Guests in the Spiritual, Psychological, and Scientific area of conscousness growth. JOSE and MARIA ARGUEDAS on the "Sacred Marriage". Commentaries on news of interest, and Conscious Calendar.

MAR 22
Sat
9 - 5
$30

SAN RAFAEL
A seminar on USING THE LAWS & DYNAMICS OF PROSPERITY & DEVELOPING YOUR PSYCHIC AWARENESS with the outstanding teacher, ERNEST VILLANUEVA, JR. Marin Center of Parapsychology, 1029 4th St., San Rafael.

MAR 22-23 SANTA CRUZ
Sat-Sun Two-part Symposium on HEALING, open to both professionals and the general
Fee public; presented by University of California Extension, Santa Cruz, and UCLA Extension in cooperation with Gladman Memorial Hospital, Oakland.

HEALING I (X430.1 Psychology) (see April 12-13 item for HEALING II in Santa Cruz)

Lectures:

"Ground Rules for the New Medicine", by James Fadiman, PhD.
"The Symbolic Process of Healing by Horold Stone, PhD.
"Acupuncture and Healing" by David E. Bresler, PhD, course co-chairman.
"Photographic Evidence of Healing Energies: Kirlian Photography" by Thelma S. Moss, PhD.
"A New Image of Aging" by Gay Luce.
"Dying as a Healing Experience" by Joan Halifax-Grof, PhD, and Stanislav Grof, M.D.
"Clinical Uses of Biofeedback and Meditation" by Kenneth R. Pelletier, PhD, course co-chairman.
"Holistic Systems of Biofeedback" by Eric Peper.

Times: Saturday, 9 am - 5 pm; Sunday, 9 am - 4 pm.

Fee/Credit: Healing I and II, $70, 3 units of credit; $50, non-credit. Healing I or Healing II only, $40, 1-1/2 units of credit; $30, non-credit. Note: Reduced fees for both programs apply only if enrolling by March 22. Medical-Professionals: each weekend program is approved for up to 6 hrs. of credit for the AMA and Category 1 credit for the CMA certification programs in continuing education. Teachers: major or minor requirements may be fulfilled by courses numbered in the 400 series. Verify with your credential advisor.

For information and enrolling, write to: Healing, University of Calif. Extension, Santa Cruz, Ca. 95064, or phone (408) 429-2971.

MAR 23 CAMPBELL
Sun 6:45 PM - DISCUSSION GROUP: Problem solving, self-realization, mind discipline, success motivation, reality concepts, etc.
8:00 PM - YOU ARE PROBABLY A HEALER, with demonstration. Speaker will be DR. JOAN GIBSON, founder of the Church of Inner Wisdom, and noted author and lecturer.
Church of Inner Wisdom, 236 W. Campbell Ave., Campbell.

MAR 23 LOS ANGELES
Sun THE MYSTICAL MESSAGE OF PALM SUNDAY, SWAMI PARAMPANTHI
11 AM speaking. Rodolfo Silva, Healing service.
Astara, 261 S. Mariposa, Los Angeles.

MAR 23 NORTHRIDGE
Sun PROGRAMMING FOR HEALTH, by DR. SERGE V. KING, of Huna Inter-
2 PM national. ICC World Headquarters, 17819 Roscoe Blvd., Northridge.

MAR 23 REDWOOD CITY
Sun SPECIAL PALM SUNDAY SERVICES FROM A METAPHYSICAL POINT OF
7:30 PM VIEW, by BONNIE ARMSTRONG, of Sunnyvale; 25 years with the International Youth of Unity Headquarters, a Unity Minister who formerly had her own church in Independence, Missouri.
Trinity Center, 149 Clinton, Redwood City.

MAR 23 SAN FRANCISCO
Sun THE HEALING POWER OF PRANA YOGA, with special guest, YOGI
11 AM PRASHANTA at the San Francisco Ashram, 2650 Fulton St., San Francisco.

MAR 23
Sun
11 AM

SANTA MONICA
Palm Sunday Services: THE COSMIC TRIUMP OF JOY, with speaker PEGGY SHACKELTON.
New Age Bible & Pholosphy Center, 1139 Lincoln Blvd., Santa Monica.

MAR 25
Tues
1 PM
Fee

MT. VIEW
INTERMEDIATE ASTROLOGY, an 8-week series of weekly to be taught by MARIS, a professional astrologer. Mt. View Recreation Center, 201 S. Rengstorff, Mt. View. For details, contact Astrology by Maris, 200 Calif. Ave., Palo Alto, or phone (415) 321-3769.

MAR 26
Wed
8 PM

SAN JOSE
EASTER SERVICE and MEMORIAL SERVICE with REV. MARY JANE BROWN.
First Spiritualist Church of San Jose, 945 Willow, San Jose.

MAR 26
Wed
7:30 PM
$2

SANTA CRUZ
LECTURES ON LIVING, demonstration workshop, with REV. AFTON GUENTHER, a qualified mystic and medium.
Inner Nature Center, 1308 Seabright, Santa Cruz.

MAR 27
Thur
1:30 PM
Fee

PALO ALTO
INTRODUCTORY ASTROLOGY CLASS, an 8-week series of weekly classes to be taught by MARIS at Mitchell Park Community Center, 3800 Middlefield Rd., Palo Alto. For details, contact Astrology by Maris, 200 Calif. Ave., Palo Alto, or phone (415) 321-3769.

MAR 27
Thur
8 PM
Free

PALO ALTO
TRIAL BY FIRE: WORLD PROPHECIES OF PARAMAHANSA YOGANANDA
Ananda Cooperative Village. Learn what the future holds and how you can prepare. Cubberly High School, 4000 Middlefield Rd., Rm I-2, Palo Alto. Lectures will be held from Sacramento to Santa Cruz. Call: (415) 964-5100.

MAR 27
Thur
8 PM

OAKLAND
Speaker will be Mr. TIM McMANUS. Healing, messages. Rev. H. Margrave, pastor; Rev. L. Divine, co-pastor. UCM, 1419 Harrison, Oakland.

MAR 28
Fri
2:30 PM

LOS ANGELES
THE SPIRITUAL COMBAT, RODOLFO SILVA speaking. Good Friday.
Astara, 261 S. Mariposa, Los Angeles.

MAR 28
Fri
8 PM
$3

LOS ANGELES
HIS LIFE IS HIS MESSAGE--SATYA SAI BABA (with latest films) Richard Bock speaking. Anderson Research Center, 3960 Ingraham St., Los Angeles.

MAR 29
Sat
8-12 PM

S.F. BAY AREA - KQED Radio
NEW DIMENSIONS PROGRAM, with co-hosts WILL NOFFKE & MICHAEL TOMS. Tonight:
-- PARAS RAJNEESH SOCIETY'S CHAOTIC MEDITATION
-- THE STAR PROCESS FOR TOTAL PERSONAL CHANGE, with DR. KEN EVANSEN.
-- Conscious Commentaries on the news.
-- Calendar.

MAR 30
Sun

CAMPBELL
6:45 PM - DISCUSSION GROUP: Problem solving, self-realization, mind discipline, success motivation, reality concepts, etc.
8:00 PM - PUTTING IT ALL TOGETHER, with REV. LARRY LA FOLLETTE.
Church of Inner Wisdom, 236 W. Campbell Ave., Campbell.

MAR 30 Sun — LOS ANGELES
TWO EASTER SERVICES: 11 AM -- 2:30 PM.

THE SEAMLESS ROBE, a monologue written by Pauline Machamer Watkins, dramatized by Earlyne Chaney.
Robert Chaney, Healing service.

Astara, 261 S. Mariposa, Los Angeles.

MAR 30 Sun 7:30 PM — REDWOOD CITY
THE REAL RESURRECTION, by REV. BETH GRAY, Pastor of Trinity Center.
Special Easter Program with professional musical artists, including TV and stage star, Marie Davis of Foster City.
Trinity Center, 149 Clinton, Redwood City.

MAR 30 Sun 11 AM — SAN FRANCISCO
HIGHER CONSCIOUSNESS IN THE KABALAH, with speaker DR. HARIDAS CHAUDHURI. San Francisco Ashram, 2650 Fulton St., San Francisco.

MAR 30 Sun 11 AM — SANTA CLARA
INSPIRATIONAL ESOTERIC EASTER SERVICE. KORLA PANDIT at the organ, DODI MICHAEL, singing. REV. MARGARETE LAINE, Pastor. Pot-luck luncheon following the service. Portals of Infinite Wisdom. 1920 Homestead Rd., Santa Clara.

MAR 30 Sun — SANTA MONICA
EASTER SERVICES
10:45 AM -- Organ Recital
11:00 AM -- THE ROBE OF GLORY, with GENE SANDE.
New Age Bible & Philosophy Center, 1139 Lincoln Blvd., Santa Monica.

APR 2-6 Wed-Sun — HOLLYWOOD
2nd ANNUAL E.S.P. AND PSYCHIC FAIR-------Southern California's biggest Psychic Event-----at the famous HOLLYWOOD PALLADIUM, Hollywood.

APR 4-6 Fri-Sun $48 — LOS ANGELES
POWER OF PRETEND Course, with DR. CLAUDE NOLTE.
Anderson Research Center, 3960 Ingraham St., Los Angeles.

APR 4-6 Fri-Sun $35 — SAN FRANCISCO
PROCESS MEDITATION WORKSHOP, with IRA PROGOFF. For information, contact: Sister Jonathan at (415) 456-2580 or 453-9862. Workshop will be held at Satna Sabina Center in San Rafael. Reservations necessary.

APR 6 Sun 11 AM — LOS ANGELES
THE AWAKENING, RODOLFO SILVA speaking.
Astara, 261 S. Mariposa, Los Angeles.

APR 6 Sun 11 AM — SANTA MONICA
THE BATTLE OF ARMAGEDDON, with DR. STEPHAN HOELLER speaking.
New Age Bible & Philosophy Center, 1139 Lincoln Blvd., Santa Monica.

APR 12-13 SANTA CRUZ
APR 19-20 LOS ANGELES
Sat-Sun Symposium on HEALING (2nd half), open to both prefessionals and the genera public; presented by University of California Extension, Santa Cruz, and UCLA Extension in cooperation with Gladman Memorial Hospital, Oakland.

HEALING II (X430.2 Psychology) (see March 15 & 22 items for HEALING I description)

Lectures:

"Psychic Healers in the Philippines" by Don Westerbeke.
"The Mind as Healer" by Carl Simonton, M.D., D.A.B.R., and Stephanie S. Simonton.
"Autogenic Approaches to Healing: Using the Mind to Control Physiological Functions" by Norman Shealy, M.D.
"Orthomolecular Psychiatry; Megavitamin Therapy" by Harvey Ross, M.D.
"Unorthodox Medicine and Hypnosis" by William Kroger, M.D.
"Healing, Holistics and Holography: The Holographic Theory of Brain Function and its Application to the Healing Professions" by David A. Goodman, PhD.
"An Overview" by Irving Oyle, D.O.

Fee/Credit: $40, 1-1/2 units of credit; $30, non-credit. Medical-Professionals: each weekend program is approved for up to 6 hrs. of credit for the AMA and Category 1 credit for the CMA certification programs in continuing education. Teachers: major or minor requirements may be fulfilled by courses numbered in the 400 series. Verify with your credential advisor.

Information and enrolling:

Santa Cruz area: Write to Healing, University of California Extension, Santa Cruz, Ca. 95064, or phone (408) 429-2971.
Los Angeles area: Write to Edwin Monsson, UCLA Extension, 10995 Le Conte, Los Angeles, Ca. 90024, or phone (213) 825-1943.

ARIZONA

MAR 6-9 PHOENIX
PHOENIX PSYCHIC SEMINAR: Featuring HEALTH & HEALING. Feautred speakers in clude: DAVID STL CLAIR: ALBERTO AQUAS: DIANE & HENRY NAGORKA: VERNON CRAIG (KOMAR) RAY ELKINS. 19 additional semin leaders will feature workshop during the seminar. For reservations and inforr write: Esoteric Publications, P.O. Box 1529, Sedona Aricona, 86336 or phon 602-282-5724.

FLORIDA

APR 10-12 CLEARWATER
PSI INTERNATIONAL CONFERENCE.
Among the leading speakers will be: DR. WILLIAM TILLER of Stanford. JULE EISENBUD, MD. of Denver, Col. and DR. J. N. EMERSON of Toronto, Canada.
For details write the Psi International, 2837 First Ave. North, St. Petersburg, Florida, 33713.

NEVADA

MAR 2 5 Wed 8:30 PM ROY EUGENE DAVIS will speak at the Center for Religion & Life, 1101 N. Virginia St., Reno.

NEW MEXICO

MAR 9 Sun 7 PM ALBUQUERQUE
ROY EUGEN DAVIS will present a public lecture at the UNity Church, 201 D llas, N.E., Alburquerque.

TEXAS

CHAPEL OF PRAYER - 2221 Blaloke Rd., Houston, Texas
Sundays at 7:30 PM

MAR 2 Speaker will be RICHARD BERMAN, President of the Texas Parpasychology Association.

MAR 9 Guest speaker will be CAROL BASSO of Houston.

MAR 16 Speaker will be MR. WILLIAM DAVID, President of the Esoteric Association.

MAR 23 PALM SUNDAY speaker will be Pastor, REV. ELEANOR BUTTON.

MAR 30 EASTER SERVICES will include the ordination of PAT DOUGLAS and PHILLIP BASSO. Speaker will be Pastor, REV. ELEANOR BUTTON.

because we need them. Sometimes it is sad to me that we hide, bury, ignore and try to push away these beautiful aspects of ourselves until we think our "time" is up.

H&N Do you find any one idea or philosophy that seems to help more than others?

Olivia: I think my main philosophy would be to live each moment to the fullest of my capacity; recognize my shortcomings, but not get buried by them -- to use the seeing of them to help show me ways to change my feeling of myself, thereby breaking up the patterns that have set up my guilt syndromes, my feelings of rejection, or whatever other "take-aways" or minuses I am experiencing. It's one thing to recognize an attitude. It's quite another to be able to change it; to both see it and do something about it.

H&N Have you found that this makes the people any better physically, at any time?

Olivia: Absolutely. One of the first benefits is relaxation. It gives the body more of a chance to repair and restore itself. The natural healing process has a chance to work directly upon the body, not the anxiety. I think that when we can accept ourselves and accept the fact that we can really put a lot of life and love and learning into our experiences, we get busy. We can feel our purpose again.

The questions that arise vaguely during our everyday lives rise very sharply at the appearance of dying. "Isn't there something else I can be doing? What was or is my purpose in life? Have I accomplished anything?"

We all want to be able to feel our value and each one his own unique way of expressing it. I have worked with many, many patients who can move directly and sincerely into this experiment in conceptual change, hoping to find something during their physical death process that may ultimately help another. Everyone has a desire to feel useful and effective, to feel that something of importance is being left behind. "Will you remember me when I'm gone?"...The desire to continue through a source of memory -- a thought, a poem, a book, a song, a discovery, helping somebody's life to change because of one's own experience. I am here now. I can be in memory. I will remember my self.

H&N I can agree with that. Do you also work in convalescent homes? Do you have any suggestions about how other people might become involved in this type of thing?

Olivia: Presently we are not doing any work directly in convalescent home settings. Hopefully our training program will allow us to include this sadly neglected area in the near future. Right now, the work is with persons in hospitals, persons who enter the hospital and then return home, and persons who choose to remain at home.

One of the things I am doing is forming groups in which the patients get together, share their emotions, their feelings and experiences, have someone that they can talk with whom they feel understands where they are coming from because they are in the same boat. I find this really valid.

The most positive thing I think I've learned so far in this viewing of death, is to look him right in the eye; to be able to speak honestly and openly; not to run from words like cancer, or leukemia, or death; to be able to humanly, humanely, deal with it. "Hey, this is something that is happening! And what about us who have to keep on living day to day without you? We are angry! How dare you get sick and die! Why did you abandon me?" These are real emotions.

Another desperately real one is guilt..."If I hadn't done that, then this wouldn't have happened to me." "Why is this happening to me ? What did I do wrong? What can I do to make it right?"

When we can deal with our realities squarely, we get square with ourselves. After that -- we are ready for triangles, circles, egg shapes, what is our wish? A factor of loss turns to a function of gain.

H&N Have you found the idea that says we do have a choice regarding our birth and our death times and circumstances, a choice for our personal growth and possible help to

mankind, very common?

Olivia: I suspect that we get these feelings once in a while, but we don't like to admit them too often as they imply self-responsibility. Some people feel that there is a reason for their dying -- very few though. They say, "I hope there is a reason for this", but to know for sure that their death experience has a reason behind it is not yet secured. Those born into primitive societies seem to accept, child-like and naturally. There are a few very wise and beautiful human beings who move among us with a calm, a peace, a knowing, that we can sense; but for those of us in the middle, when it comes right down to the time to leave, most are choosing to stay, right down to the very end.

I have heard people say, "Well, I'll really be glad when I get to go", but it isn't always true when it comes down to the point of departure. It is wondering, "Have I finished what I came here to do?" Obviously then, this brings up the question, "What did I come here to do?"

It is very hard for us to accept that what we really came here to do was learn to live! Live in earth...feel alive...be alive...to cry and laugh. One of my favorite sayings that came to mind one day is, "If by the time I die I have learned to love, I will have accomplished my purpose in living".

H&N That's wonderful.

Olivia: We use the word love lightly, freely. Most people who come into a spiritual path are wanting to grow, to evolve, to feel more complete, to sense and know a closer contact with God. And then, when we start searching within ourselves and see the negative aspects, we begin to feel defeated, rather than just realizing that it is part of the life experience. The jealousy, the divorce, the rage, the tear-ups, the pain -- it's part of what makes us what we are, and this can be as cherished an awareness as our joyful times and happy memories.

One of the things I have found interesting is that most of us, after going through a negative and we are out of that state, look back and say, "Well, it really wasn't so bad! That person did not behave as negatively as I imagined. I did not perform as far below my level of understanding as I thought I did." We do not want to accept the possibility that there was something in that experience that was, in fact, really crappy and consequently hard to deal with. We will choose, most of the time, to remember the positive and forget the negative. I think sometimes we need to remember the negative and be thankful for it -- that it showed us the positive side of ourselves.

H&N I think that is a very good thought. In that way then, it can have a purpose which we may have attracted to ourselves.

Olivia: Yes. If there were a goal, one idea would be to bring together the two sides of our nature, to integrate them. To deny the negative and move totally toward the positive, I assume can be just as off-balance as the other way. For instance, we have a set of balancing scales and we have the negative. Then we see it so we keep putting on more and more positive. Pretty soon, the scales tilt, and it's out of balance.

To be able to accept -- that there may be things which are going to hang me up, there are situations from which I have run away, there are attitudes that I have not yet confronted. When I finally come face to face with these lurkings, I no longer have to run away from that part of myself which feels unacceptable to me (therefore feeling that it is going to be unacceptable to other people) -- then I'm really free.

To truly find our center means to be able to open that center up, for all (especially myself) to see. I have a favorite saying that goes, "Speak each word as if it were written in the sky for all to see. Open your heart that all the world may see what a heart really is". That means leaving myself totally open, vulnerable even -- but with nothing to hide, nothing to have to go away from.

To be able to know that this is what I am, and you are seeing what I am. It reminds me of the book title, I May Not Be Much, Baby, but I'm All I've Got. Well, when it comes right down to it, I am all I've got. I don't have anything else, and no matter where we search, it always comes back to that. I think this is a hard row to accept; and I don't think it is something that happens overnight. It's like peeling an onion, layer by layer by layer (to say nothing of the tears). When we are going through those strippings (the closer we get to the center the larger the hunks), it gets heavy, but ultimately we're at the center and we can see every part of it, from the outside to the inside.

It's not easy to deal with one's self. It is easy to say, "Let spirit work through me. Let go and let God". It's quite another thing to understand what this means, to deal with that, and then -- to have the courage to do it.

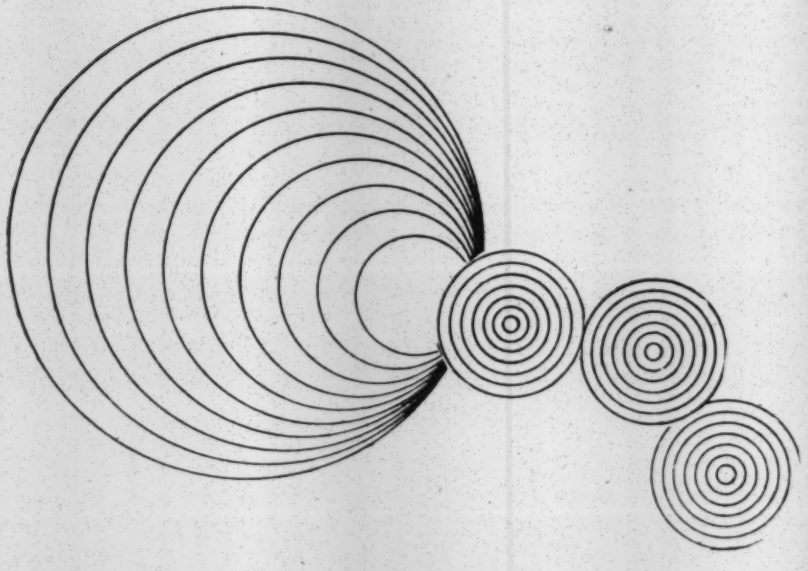
H&N (Wanda) That's tremendous. It's like my son Ken said when he was thirteen -- we had gone to a lot of lectures and sermons, and he had gone patiently. We had just been to another one about "Changing Your Life Through Love". As we came out of the church, he stood on the steps for a moment and then remarked, "When are we going to stop talking about it and start doing it?"

Olivia: Yes. Not long ago a bunch of us were sitting around. I was telling what I was doing; someone else was telling what he was doing; very soon everybody was telling what he was doing. Our friend Rusty popped up and said, "Hey, this sounds like show and tell!"

Yes, and "Wow", I said to myself. Everything in creation tells the same story. Flowe with color and fragrance shouting; trees with height and lushness, prompted by the win dogs with constant acceptance; cats sleekly showing off; and we humans, trying so hard most of the time to pretend that we don't know we are beautiful and longing for our 'imprisoned splendour' to be released.

My own acceptance of myself has really been difficult. I still have times when I need someone to tell me, "You know, you're an O.K. person"...reassurance, feedback, recognition. I am not quite sure yet that I am an O.K. person, and at this point I don't know when that happens. The state of consciousness, of being, when we know totally all of the time that we're really O.K. -- I don't know when that takes place.

H&N I wonder if anyone does.
Olivia: I don't know.
H&N I haven't met anyone yet who does.
Olivia: I haven't either.
H&N Thank you, Olivia. We have really enjoyed visiting with you again.



inner tension in relating to life, an inner tension that is continous. If a patient can learn a way of being somewhat different that will eliminate the need for medication, that is a great advance. The patients with high blood pressure who have had results from biofeedback have been able to decrease the medication needed. But so far, the results are not constant. In two months time or six months, the need for medication may have risen again.

Biofeedback is being utilized elsewhere by professionals to teach people to control symptoms of severe diseases. Work is being performed in a V.A. hospital to relieve severe cases of epilepsy with good results. Pain centers in Seattle, LaCrosse, at John Hopkins and UCLA are experiementing with biofeedback along with acupuncture for the relief of suffering.

A doctor in Long Beach is using biofeedback with terminal cancer patients who are willing, to teach them to get their minds off the pain. It might loosely be called auto-suggestion or self-hypnosis. But to stabilize the biofeedback instrument, they must get their minds off pain. They practice and practice. Terminal cancer patients, many of them have been able to get out of bed and lead fairly normal lives for the several months remaining to them.

Biofeedback does not cure cancer. It does not cure the cause of pain. But if patients can be distracted from concentrating on pain, they can feel better. The results are not always constant, not necessarily continuous. But there are results, and promise of more to come.

PLAGIARISM

The master gave his message-
  Eternal Life inspired it-
His bit of truth he freely gave
  To any who desired it.

The wise man heard the message
  Its beauty set him free.
He said, "I thank you for this truth
  Which was inspired by Thee".

The skilled man heard the wise man,
  And pondered long, in vain--
He thought he caught the gist of it
  But couldn't call its name.

The author heard the skilled man-
  Transcribed this message great,
In lofty phrases lifted it
  To an exalted state.

The learned man read the author,
  (His mind blocked out the others)
He thought this message just for him
  And his superior brothers.

The righteous man picked up the truth
  And clutched it to his breast-
To his group said, "It's just for us,
  But not for all the rest".

The small child heard the message-
  Accepted it with glee,
And sharing with his many friends,
  Said, "It's for you and me".

Wanda Merrill

BOOKS

PSYCHIC HEALERS

David St. Clair

PSYCHIC HEALERS is a brilliant book on a topic of increasing universal appeal. Although the art of psychic healing had been marveled at down through the ages, it is fascinating to read about the modern day healer; what their healing power does, where this extra gift comes from and how the art itself is practiced.

Divided into eleven chapters (not including Mr. St. Clair's own summary) each chapter reads like a seperate biography . . . The healer's own personality shines so distinctively through the writing that the reader is treated not only to the stories of their phenomenal cures but to the healers themselves. These gifted people reach their audience as vivid human beings with their own particular points of view.

Forinstance: Charles Cassidy is a matter of fact, down-to-earth man who can call upon a healing force, a power, that runs through his body almost at will. David St. Clair has actually been present at a healing and watched the patient's body begin to glow as Mr. Cassidy placed his hands on him. "I don't sing songs, chant, light candles, burn incense or play or say prayers, let the others do that he says "I just act as a channel for the power that comes through me".

On the other hand, Dorie D'Angelo has the aid of a Scottish, spirit doctor who uses her energy to work through her. He appeared to her when her husband lay dying and instructed her to do as he said and he could save her husband's life. She did and her husband was cured thus starting a long association with her healing, spirit doctor. "Without him or without the angels or without Jesus, I could do nothing", she says.

Rosita Rodriquez operates like the famous Tony Agpaoa of the Philippines and in fact was hi: first, successful non-filipino student. Rosita says "healing is only a demonstration to the people who need to know that there is a God".

Gifted healer, Ethel de Loach, a housewife in New Jersey had a sixteen year old patient h rribly crippled by Cerebral Palsy. She had no control of her legs, one in fact had to be clamped down to prevent it from flying up in the air. Her left arm was turned against her body and her hand clenched into a fist against her breast. Ethel's spirit guides worked through her and in one treatment unclenched her fist. She has had several treatments since and now uses both her arms and hands, has thrown away the leg clamp and walks on her own with the aid of crutches. She told Mr. St. Clair that no matter what kind of healing she does she has people "in Spirit" working with her and they help her with the various kinds of healing needed. She has heard them laughing and almost shouting at her "Its out. Its out." After not accepting credit and not wanting it for her healing, she now says "The time has come for all workers in metaphysics to come out and stand up for their beliefs".

In his book, Psychic Healers, Mr. St. Clair has given us a wonderful opportunity to view this spectacular phenomena and the healers that practice it. The book is excellently and thought provoking, and helps to expand current ideas on the psychic world. Mr. St. Clair, president of the Society for Psychic Research, in Los Angeles, has picked with integrity only the healers he has personally investigated to write about, and in doing so he has given workers in the metaphysical field a chance "to come out and stand up for their beliefs".

Reviewer: CLAUDIA ADAMS

HAVE YOU READ .....

IN SIGHTS FOR THE AGE OF AQUARIUS

by GINA CERMINARA

Our apologies to Dr. Cerminara, that a piece of unfinished copy got by us. We print below, the finished version of our review of her latest book.

Dr. Gina Cerminara, author of "The World Within", "Many Lives, Many Loves", and the very successful "Many Mansions", in her latest book, "In-Sights for the Age of Aquarius", has written an enormously provocative book, perhaps somewhat frightening to those, who, with heads buried in the sands, wait with fear and trembling for the storms of inevitable change to blow over.

As her readers know, Dr. Cerminara is anything but irreligious, but as a semanticist, she ic concerned with words, those illusive, exasperating symbols, with which we struggle to communicate our ideas, feelings and concepts of reality to our similarly frustrated fellows.

By examining religious ideas in their original context, acknowledging the weaknesses of communication, and incorporating the latest discoveries about psychedelic drugs, parapsychology and religious scholarship, she expands basic beliefs and religious theories into a welcome relevance and universality.

Suggesting three "Declarations of In-Sight", she proposes that we begin to formulate our own "Declaration", and add to it as we proceed.

Happily, the way is not all plodding. As we journey with her, we enjoy varying comments and chuckles from many old friends, such as:

"If we are imperfect ourselves, religion-as conceived by us must also be imperfect."
-Mahatma Gandhi

"It takes two to speak the truth; one to say it and one to hear it."- Thoreau

"Things are seldom what they seem." - Gilbert & Sullivan

"There are no sects in geometry." - Voltaire

"A discarnate being is invisible to the human eye because the etheric body or vehicle of expression, is vibrating at a more rapid rate than the physical body."-Geraldine Cummins

and-

There was a faith healer of Deal
Who said, "Although pain isn't real,
If I sit on a pin
And it punctures my skin,
I dislike what I fancy I feel."
-Author unknown

To add to the confusion of words themselves, there is punctuation! Should it be--

"King Charles talked seriously to his friend half an hour after his head was cut off."

or

"King Charles talked seriously to his friend.""Half an hour after, his head was cut off."

Enjoy your journey! And remember "Nobody knows everything about anything."

Wanda Merrill

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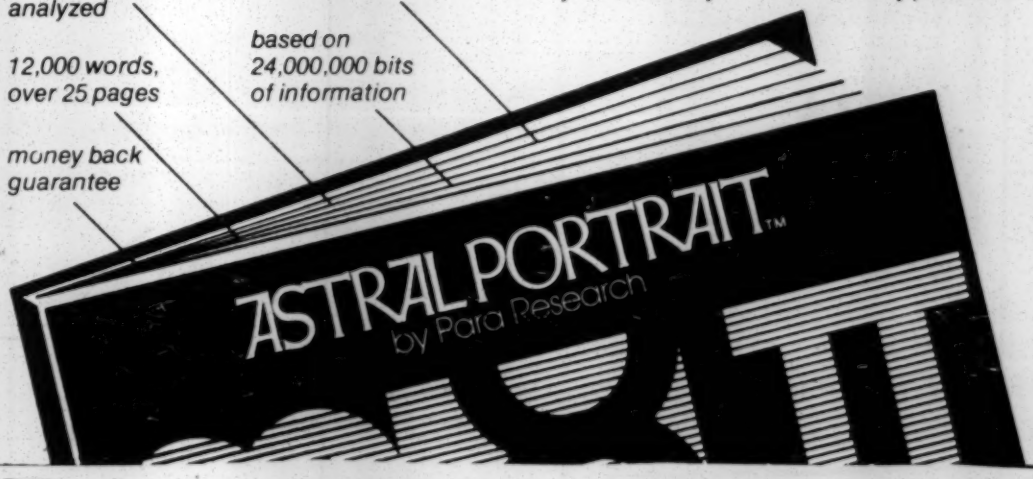

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